














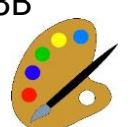
























# Miramichi Lodge Resident Life Enrichment January Calendar- 3rd Floor

ACTIVITIES SUBJECT TO CHANGE

		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
		<b>1</b> 		<b>2</b> 9:30 Exercise with Amanda, 3A  <b>No Catholic Mass Today</b> 1:30 Card Games, 3B   6:15 Mini Bingo, 3A 		<b>3</b> 9:30 Exercise with Amanda, 3B  10:15 Don't Burst My Bubble Game, 3B   1:30 Crafts, 3A 		<b>4</b> 10:30 Hymn Sing Chapel  1:30 Photos with Peter: Trip to Thailand, Community Centre 		<b>5</b> 10:15 News and Views, 3B  1:30 Ice Cream & a movie Community Centre 	
		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
<b>6</b> 10:15 Bunco, 3A  1:30 Pembroke Bible Chapel Service, Chapel 	<b>7</b> 9:30 Exercise with Amanda, 3A 10:15 Words with Dixie 3B 3:45 Indoor Strolls, 3A 4:15 Balloon Swat, 3B 	<b>8</b> 9:30 Exercise with Amanda, 3B 10:30 Balloon Swat, 3B 1:30 Calvary Baptist Church Service Chapel 	<b>9</b> 9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 Mel Gardner & Friends Community Centre   6:15 Mini Bingo, 3B 	<b>10</b> 9:30 Exercise with Amanda, 3B 9:30 Individual Visits, 3A 10:15 Tai Chi with Cristina & Marvail, Chapel  1:30 Better N Nothing Community Centre 	<b>11</b> 9:30 Individual Visits, 3B 10:30 Hymn Sing Chapel 1:30 Crafts, 3B 	<b>12</b> 10:30 Painting, 3B   1:30 Ice Cream and a Movie, Community Centre 					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
<b>13</b> 10:30 Bunco, 3A   1:30 Emmanuel Lighthouse Pentecostal Church Chapel 	<b>14</b> 9:30 Exercise with Amanda, 3A 10:00 Pamper Me, 3B 10:15 Pamper Me, 3A  1:30 Auxiliary Bingo Community Centre   6:30 Bunco, 3B	<b>15</b> 9:30 Exercise with Amanda, 3B 10:15 Bunco, 3A  10:30 Bible Study, 3B 1:30 Gospel Music by Cheryl Wall, Chapel  3:45 Satin Hands, 3A 4:15 Indoor Strolls, 3B	<b>16</b> 9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 Memory Game, 3B  6:15 Mini Bingo, 3A 	<b>17</b> 9:30 Exercise with Amanda, 3B 9:30 Individual Visits, 3A 10:30 Wesley United Church Service Chapel  1:30 <i>Concerts in Care</i> , Community Centre 	<b>18</b> 9:30 Individual Visits, 3B 10:30 Hymn Sing Chapel  1:30 Accordion Music with Cheryl Sack Community Centre 	<b>19</b> 10:15 Room Visits, 3A 1:30 <i>Country Road Music</i> By Doug & Gord, Community Centre 					

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ACTIVITIES SUBJECT TO CHANGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>20</b></p> <p>10:15 Mini Yahtzee, 3B</p>  <p>1:30 Pembroke Bible Chapel Service, Chapel</p> 	<p><b>21</b></p> <p>9:30 Exercise with Amanda, 3A</p> <p>10:00 Pamper Me, 3B</p> <p>10:15 Pamper Me, 3A</p> <p>10:15 Words with Dixie 3B</p> <p>1:30 Card Games, 3B</p>  <p>6:30 Bunco, 3B</p>	<p><b>22</b></p> <p>9:30 Exercise with Amanda, 3B</p> <p>10:15 Crafts, 3B</p>  <p>1:30 Boomwhacker Choir Practice Community Centre</p>	<p><b>23</b></p> <p>9:30 Exercise with Amanda, 3A</p> <p>10:30 Catholic Mass Chapel</p> <p>1:30 The Main Birthday Party hosted by: Miramichi Lodge Auxiliary Ladies with the Intermittents, Community Centre</p>  <p>6:15 Mini Bingo, 3B</p>	<p><b>24</b></p> <p><b>Happy Birthday Arnold!</b></p>  <p>9:30 Exercise with Amanda, 3B</p> <p>9:30 Individual Visits, 3A</p> <p>10:15 Tai Chi with Cristina &amp; Marcail, Chapel</p> <p>1:30 Rhythm and Harmony Community Centre</p>	<p><b>25</b></p> <p>10:30 Anglican Church Revd Canon Susan Clifford Chapel</p> <p>1:30 Bunco 3B</p> 	<p><b>26</b></p> <p>10:15 News &amp; Views, 3B</p>  <p>1:30 Atyeo's School of Dance Performance, Community Centre</p>
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY		
<p><b>27</b></p> <p><b>Happy Birthday Claudette!</b></p>  <p>10:15 Bunco, 3A</p> <p>1:30 Salvation Army Church Service Chapel</p> 	<p><b>28</b></p> <p>9:30 Exercise with Amanda, 3A</p> <p>10:00 Pamper Me, 3B</p> <p>10:15 Pamper Me, 3A</p> <p>1:30 Auxiliary Bingo Community Centre</p>  <p>6:30 Card Flip, 3B</p>	<p><b>29</b></p> <p>9:30 Exercise with Amanda, 3B</p> <p>10:30 Bible Study, 3B</p> <p>1:30 Christian Church Service, Chapel</p>  <p>3:45 Indoor Strolls, 3A</p> <p>4:15 Balloon Toss, 3B</p>	<p><b>30</b></p> <p>9:30 Exercise with Amanda, 3A</p> <p>10:30 Catholic Mass Chapel</p> <p>1:30 <i>Resident Council Meeting</i>, 3rd Floor Boardroom</p> <p>6:15 Mini Bingo, 3A</p> 	<p><b>31</b></p> <p>9:30 Exercise with Amanda, 3B</p> <p>9:30 Individual Visits, 3A</p> <p>10:15 Tai Chi with Cristina &amp; Marcail, Chapel</p> <p>1:30 Kerplunk, 3B</p>	