

Miramichi Lodge coordinates a Meals on Wheels program to assist seniors, disabled adults, and those with acute or chronic illness to remain in their homes through the provision of hot, fresh, and nutritious meals.

The Pembroke Meals on Wheels program is made possible with the assistance of Miramichi Lodge volunteers who provide free delivery services.



Volunteers

Meals on Wheels is always in need of dedicated volunteers who wish to help citizens remain in their own homes as long as possible.

For more information on how to become a Meals on Wheels volunteer or regarding other Miramichi Lodge volunteer opportunities, please contact:

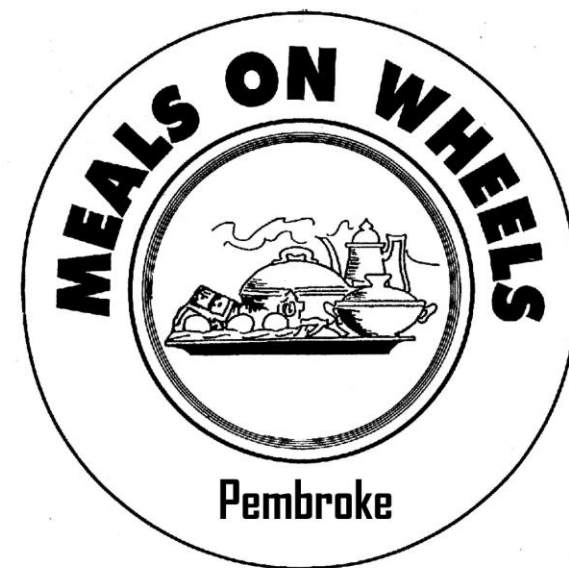
Nancy Lemire,
Client Programs Supervisor:
613-735-0175 Ext. 122
NLemire@countyofrenfew.on.ca



County of Renfrew
Miramichi Lodge
Long-Term Care Home



County of Renfrew
Miramichi Lodge
Long-Term Care Home



613-735-0175
Ext. 111



With a person-centred approach, Miramichi Lodge is a safe and caring community to live and work

Meals

- ✓ Miramichi Lodge provides hot, fresh, and nutritious meals. These include:

- **Hot soup**
- **Main entrée**
- **Vegetable side**
- **Potato side**
- **Muffin or tea biscuit**
- **Dessert**

- ✓ **Diets:** Miramichi Lodge can provide diabetic meals.

- ✓ The meals are the same provided to the long-term care residents of Miramichi Lodge, approved by a Registered Dietitian, and prepared by qualified staff.

Delivery

- ✓ Meals are delivered **Monday-Friday for lunch**, except on statutory holidays. Petawawa meals are only delivered on **Mondays for lunch**.

Eligibility

- ✓ Clients must live within the City of Pembroke limits to qualify for the Pembroke Meals on Wheels program.
- ✓ Clients who live within the Town of Petawawa limits may contact the Petawawa Meals on Wheels coordinator:

Pat Lilly: 613-687-2230

Contact Information

- ✓ Pembroke Meals on Wheels:

**Brendan Mellish,
Administration Clerk:
613-735-0175 Ext. 111**

bmellish@countyofrenfrew.on.ca

Cost

- ✓ **\$13.00 per meal**
This is a 100% user fee; Miramichi Lodge does not receive any government subsidy.
- ✓ Gift certificates are also available.
- ✓ Payment can be made by cheque or money order, made out to Miramichi Lodge Meals on Wheels.
- ✓ Payments will be picked up on the first scheduled delivery day each week or can be made in advance.

