



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <b>Did you turn your clocks back????</b> 10:00 Hymn sing & Coffee Social (HM2) 2:30 Salvation Army (chapel) 3:00 Friendship Gathering (café)	2 10:00 Fun & Fitness <u>2:00 RESIDENTS COUNCIL MEETING</u> (HM1 SOUTH) 2:15 Nail Care(HM1) 2:00 Preparing Fruit for Christmas Cake(HM2) 4:15 Exercises HM1 6:30 Pet Therapy	3 10:45 Current Events 1:30 Pinky's Ice-cream 2:00 Baking Group (Christmas Cake ) (HM2) 2:00 Crafts HM1 4:15 Exercises (HM 2) 6:30 Tea & Discussion (HM2)	4 10:00 Hymn Sing with Mr. Schaly (chapel) 10:45 Choir Practice (chapel) 1:30 Art Class (café) <u>2:00 Singalong with Wendy/Lou/Wes (HMII)</u> 4:15 Exercises (HM1 S) 6:30 Movie night with popcorn	5 10:15 Fun & Fitness (HM2) 10:30 Catholic Mass 10:30 Snoezelen Visits 2:00 Slide Show Presentation with Jim Ferguson 2:30 Pet Therapy with Robyn and Sathra 4:15 Exercises 7:00 Heritage Radio Bingo (café)	6 10:00 Fun and Fitness (HM2) 10:30 RC Prayers 10:30 Reminiscing and Trivia (1048) 2:00 Bingo (HM2) 4:15 Exercises	7 1:30 Theatre Day Movie and Popcorn in Chapel
8 2:30 Trinity St. Andrews Church (chapel) 3:00 Friendship Gathering Café	9 9:30 Euchre 10:30 Fun & Fitness (HM2) 2:00 Bingo (HM2) 2:15 1X1 visiting 4:15 Exercises (HM1 S) 6:30 Pet Therapy	10 10:30 Remembrance Day Service (chapel) 1:30 Pinky's Ice-cream 1:30 Bowling Team (Opeongo Bowlodrome) 1:30 1:1 Music 4:15 Exercises (HM2) 6:30 Crafts(HM2)	11 10:30 Remembrance Day Service at the Cenotaph <u>2:00 October/November Birthday Party with Donna Lea (HM2)</u> 4:15 Exercises HM1 S 6:30 Hymn Sing with Valley Gospel (chapel) <b>REMEMBRANCE DAY</b>	12 10:15 Fun & Fitness (HM2) 10:30 Catholic Mass 10:30 Snoezelen Visits 11:15 Shopping Trip to Walmart 2:30 Pet Therapy with Robyn and Sathra 4:15 Exercises (HM1S) 6:30 1x1 Visits 7:00 Heritage Radio Bingo (café)	13 10:00 Fun Fitness(HM2) 10:30 Choir Practice(chapel) 1:30 Pool Room and walks with the Lads 2:00 Entertainment by Dave (HM2) 4:15 Exercise/News (HM1S) 6:30 Men's happy hour	14
15 2:30 Renfrew Presbyterian Church (chapel) 3:00 Friendship Gathering Café	16 9:30 Euchre 10:30 Fun & Fitness(HM2) 2:00 Bingo 2:15 Nail care (HM1) 4:15 Exercise/News (1048 ) 6:30 Pet therapy	17 10:30 Anglican /Lutheran Communion (chapel) 10:30 Snoezelen Room 1:30 Pinky's Ice-cream  1:30 Pool Room and Walks with the Lads (Pool Room) 2:00 Manicure Time(HM2) 4:15 Exercises (HM2 S) 7:00 OldTymeMusic(GH)	18 10:45 Choir Practice (chapel) 10:30 Decorating snowflakes HM1 1:30 Art Class (café)  2:00 Stringing snowflakesHM1 2:00 Crosswords (HM2) 4:15 Exercises (HM1 S)	19 10:15 Fun & Fitness (HM2) 10:30 Catholic Mass 10:30 Snoezelen Visits 2:00 Singalong with Pat Maloney (HM2) 2:30 Pet Therapy with Robyn and Sathra 4:15 Exercises (HM1 S) 7:00 Heritage Radio Bingo (café)	20 10:00 Fun and Fitness (HM2) 10:30 RC Prayers 2:00 Horse Racing (HM2) 4:15 Exercises 6:30 Trivia night	21
22 2:30 Renfrew Baptist Church (Chapel) 3:00 Friendship Gathering	23 9:30 Euchre 10:00 Trip to the Casino 2:00 Bingo (HM2) 4:15 Exercises (HM1 S) 6:30 Pet Therapy	24 10:30 Bible Study 1:30 Making Pizza(HM2) 1:30 Pinky's Ice-cream 2:00 Red Barn Project(1048) 4:15 Exercises (HM2) 5:00 Pizza Party & Cards(HM2)	25 10:30 Choir Practice (chapel) 1:30 Art Class (café) 1:00 Walks and Pool Room with the Lads (Pool Room) 4:15 Exercises 6:30 Men's Happy Hour (café)	26 10:30 Catholic Mass 10:30 Snoezelen 2:00 Drumming (chapel) 2:30 Pet Therapy with Robyn and Sathra 6:30 1x1 Visits 7:00 Heritage Radio Bingo (café)	27 9:30-3:30 Craft and Bazaar (Great Hall) 10:30 RC Prayers 10:00 Fun and Fitness <u>2:00 Entertainment by Eganville Senior (HM2)</u> 4:15 Exercises (HM1 S) 6:30 Trip to the Jr B game Vs Arnprior	28 2:30 Sing-a-long with Bob Bidgood and cake
29 2:30 St. James Lutheran Church (chapel) 3:00 Friendship Gathering	30 9:30 Euchre 10:00 Fun Fitness (HM2) 2:00 GLAMOUR SHOTS 2:15 Nail care 4:15 Exercises (HM1 S) 6:30 Pet Therapy	31 <i>DECORATING</i> 1:30 Pinky's Ice-cream 4:15 Exercises (HM1 S)				<b>NOVEMBER 2009</b>