




























# MIRAMICHI RESIDENT LIFE ENRICHMENT OCTOBER CALENDAR- 3rd Floor

ACTIVITIES SUBJECT TO CHANGE

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> 9:30 Exercise with Amanda, 3B 9:30 Shopping Trip 10:30 Holy Trinity Anglican Church Chapel   1:30 Truth or Turkey Trivia, 3B	<b>2</b> 9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 Fall Crafts, 3B  6:15 Mini Bingo, 3A 	<b>3</b>  <b>Happy Birthday Frank and Margaret!</b> 9:30 Exercise with Amanda, 3B 10:15 Tai Chi with Cristina & Marcail, Chapel 1:30 Baking, 3A 	<b>4</b> 10:30 Hymn Sing, Chapel  1:30 <i>Guitar Music with Ralph Wilson, Community Centre</i> 	<b>5</b> 10:15 News and Views, 3B  1:30 Ice Cream & a Movie Community Centre 
		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>6</b> 10:15 Thanksgiving Craft 3A  1:30 Pembroke Bible Chapel Service, Chapel 	<b>7</b> 9:30 Exercise with Amanda, 3A 9:30 Men's Coffee Club 10:15 Words with Dixie, 3B 1:00 Computers with Dixie 1:30 Music with Mel Gardner & Friends, Community Centre 4:00 Balloon Swat, 3A	<b>8</b> 9:30 Exercise with Amanda, 3B 10:30 Bible Study, 3B 1:30 <i>Zion Evangelical United Church Chapel</i> 4:00 Strolls, 3B 	<b>9</b> 9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 <i>Crafts with the Renfrew County OSPCA, Community Centre</i>  7:00 Honky Tonk Drifters, Community Centre	<b>10</b> 9:30 Exercise with Amanda, 3B 10:15 Tai Chi with Cristina & Marcail, Chapel 1:30 Build A Bug, 3A 1:30 Men's Club, 3rd Floor Boardroom 	<b>11</b>  <b>Happy Birthday Ida!</b> 10:30 Hymn Sing, Chapel 1:30 Yahtzee, 3B 	<b>12</b> 10:15 Pamper me, 3A 1:30 Ice Cream and a Movie, Community Centre 
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>13</b> 10:15 Pamper Me, 3B 1:30 Emmanuel Light House Penetecostal Church, Chapel 	<b>14</b> <b>Happy Birthday Amy!</b> 	<b>15</b> 9:30 Exercise with Amanda, 3B 10:15 Card Games, 3B 1:30 Family Feud Game, 3A 	<b>16</b> 9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 <i>The Main Birthday hosted by: First Baptist Church, Community Centre</i>  6:15 Mini Bingo, 3B 	<b>17</b> 9:30 Exercise with Amanda, 3B 10:30 Wesley United Church Service Chapel 1:30 Baking, 3B 	<b>18</b> 10:30 Hymn Sing, Chapel 1:30 Halloween Craft, 3A 	<b>19</b> 10:00 <i>Pamper Me, 3A</i> 1:30 <i>Country Road Music by Doug &amp; Gord, Community Centre</i> 

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>20</b></p> <p>10:00 Painting, 3B 1:30 Pembroke Bible Chapel Service, Chapel</p> 	<p><b>21</b></p> <p>9:30 Exercise with Amanda, 3A 10:00 Wise Owl Daycare Community Centre 1:00 Computers with Dixie 1:30 Auxiliary Bingo Community Centre</p> <p><b>BINGO</b></p> <p>6:30 Bunco, 3A</p>	<p><b>22</b></p> <p>9:30 Exercise with Amanda, 3B 10:15 Trivia, 3A 10:30 Bible Study, 3B 1:30 <i>Guitar Music by Ralph Verch</i>, Community Centre</p>  <p>6:30 <i>Swinging Swallows</i>, Community Centre</p>	<p><b>23</b></p> <p>9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 <i>The Red Hot Mamas</i>, Community Centre</p>  <p>6:15 Mini Bingo, 3A</p>	<p><b>24</b></p> <p>9:30 Exercise with Amanda, 3B 10:15 Tai Chi with Cristina &amp; Marcaill, Chapel 1:30 The Intermittents, Community Centre</p> 	<p><b>25</b></p> <p>10:30 Hymn Sing, Chapel 1:30 <i>The Lake Dore Gang</i>, Community Centre</p> 	<p><b>26</b></p> <p>10:15 News &amp; Views, 3B 1:30 Ice Cream and a movie Community Centre</p> 
<p><b>27</b></p> <p>10:15 Pamper Me, 3A/B 1:30 Church Service with Pastor Dave Chapel</p> 	<p><b>28</b></p> <p>9:30 Exercise with Amanda, 3A 9:30 Men's Coffee Club 10:15 Words with Dixie, 3B 1:00 Computers with Dixie 1:30 Auxiliary Bingo Community Centre 4:00 Room Visits, 3A</p> <p><b>BINGO</b></p>	<p><b>29</b></p> <p>9:30 Exercise with Amanda, 3B 10:30 Candy Toss, 3B</p>  <p>1:30 Christian Church Service with Pastor Alles, Chapel</p>	<p><b>30</b></p> <p>9:30 Exercise with Amanda, 3A 10:30 Catholic Mass Chapel 1:30 Dem Bones Dice Game, 3B 6:15 Mini Bingo, 3B</p> 	<p><b>31</b></p> <p>9:30 Exercise with Amanda, 3B</p> <p><b>EarlyON Child &amp; Family CENTRE 10:00am Community Centre</b></p> <p>1:30 Halloween Bingo Community Centre</p>		