



Food Banks and Warm Meals Availability Across Renfrew County

Arnprior							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Neighbour Link 613-623-4200 128 Mary Street Arnprior, ON K7S 1E6	<u>Morning Snack</u> Hot coffee, tea, and snacks 10am-2pm	<u>Lunch</u> Hot lunch , coffee, tea, snacks 10am – 2pm		<u>Lunch</u> Hot lunch , coffee, tea, snacks 10am – 2pm			
Arnprior and District Food Bank 613-668-4462 St. John Chrysostom 295 Albert Street, Box 463, Arnprior, ON K7S 3L9	Every Monday 9:00 am to 12:00pm *Last Monday of every month also 4:30-6pm				By appointment only.		
Food bank Considerations:	Residents of Arnprior or McNab / Braeside. Clothing assistance. Identification of all family members required or proof of address.						

Calabogie							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Calabogie Food Bank 613-752-1257 4984 Calabogie Road , Calabogie ON , K0J 1H0				8:30-9:30am The 2nd & 4th Thursday of each month, excluding statutory holidays			
Food bank considerations	Required registration with food bank. Call phone number provided with proof client is a resident of the Township of Greater Madawaska. Pre-boxed food. Home delivery optional.						



Renfrew County and District Health Unit | 141 Lake Street, Suite 100, Pembroke, ON, K8A 5L8
 Telephone: 613-732-3629 ext.549 | Fax: 613-735-3067 | Website: www.rcdhu.com | Last Updated: April 2024

Cobden							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Cobden and District Food Bank 613-647-7801 58 Main Street, Cobden, ON K0J 1K0	9am-12pm or call for an appointment						
Food bank Considerations:	Call to apply and arrange for pick up/delivery. Areas served: Admaston-Bromley, Cobden, Whitewater.						

Deep River							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Deep River Area Food Bank 613-584-3333 ext. 7910 (leave message) 117 Banting Drive, Deep River, ON, K0J 1P0 Deep River Hospital basement	10am – 1pm (not open statutory holidays)						
Foodbank Considerations:	Call to apply and arrange for pick up/delivery. Areas served: Deep River, Chalk River, and Laurentian Hills						

Eganville							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Eganville Food Bank 613-401-5785 165 John Street Box 164, Eganville, ON K0J 1T0			Every third and fourth Wednesday of the month 9:30pm – 12:00pm				
Foodbank Considerations:	Intake on arrival or via phone. Requires proof of residency or ID. Christmas hampers and toys for children under 15 apply by November. Areas served: Bonnechere Valley, Eganville.						



Golden Lake							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Enaji Madinamage - MIDJM/The Sharing Place Food Bank 613-635-1904 11185 Highway 60, Golden Lake, Golden Lake (across from the pharmacy)		Every second Tuesday 10am-1pm					

Madawaska Valley							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Madawaska Valley Food Bank 613-756-1014 8 Martin St Box 161 Barry's Bay, ON K0J 1B0		2 nd and 4 th Tuesdays 8:30am-11:00am					
Food bank Considerations:	Drive through. Clients stay in cars. Prepackaged boxed of food based on household size. Area served: Barry's Bay, Madawaska, Palmer Rapids, Combermere, Quadville, Wilno (partial). Requires ID or rent receipt.						

Killaloe							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Killaloe Food Bank 613-585-3689 12 North Street, (rear entrance), Killaloe, ON K0J 2A0		Every other Tuesday 1-5pm (see Facebook page with Schedule) Sandwich & Soup 1-430pm					
Food bank Considerations:	Requires ID or rent receipt. Area served: Killaloe, Hagarty, Richards, Brudenell, Lyndoch and Raglan						



Pembroke							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
St. Vincent de Paul Soup Kitchen (613) 732-9058 188 Renfrew Street, Pembroke, ON K8A 6X1	<u>Lunch</u> 11:30am – 12:00pm					<u>Lunch</u> 11:30am- 12:00 pm	<u>Lunch</u> 12:30pm – 1pm
The Grind (613) 732-9423 273 Victoria Street, Pembroke, ON K8A 4K5	<u>Breakfast</u> 8:00- 10:00am	<u>Breakfast</u> 8:00- 10:00am <u>Lunch</u> 11:30am- 12:30pm	<u>Breakfast</u> 8:00-10:00am <u>Lunch</u> 11:30am- 12:30pm	<u>Breakfast</u> 8:00- 10:00am <u>Lunch</u> 11:30am- 12:30pm	<u>Breakfast</u> 8:00- 10:00am <u>Lunch</u> 11:30am- 12:30pm		
Wesley United Church (613) 735-6132 275 Pembroke St E, Pembroke, ON K8A 3J9						<u>Dinner</u> 4:00-6:00pm *Can take home sandwiches *Clothing donation	
St. Joseph's Food Bank (613) 732-3807 295 First Ave N, Pembroke, ON K8A 6J4	9:00- 12:00pm (if stat holiday, open on Tuesday)			4:00- 6:00pm			
Food bank Considerations:	Areas served: Pembroke. Requires ID or rent receipt at every visit. Food bank full use twice per month on third visit bread/milk only. Christmas basket program early November application.						



Petawawa							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Petawawa Pantry 613-687-1616 3468-B Pet		1 to 4 pm	6 to 8 pm	6 to 8 pm			
Foodbank Considerations:	First time client must register during open days and hours (Tuesdays 1-4pm and Thursday 6-8pm). Requires ID or rent receipt at every visit. Birth certificate for children. Only for residents of the Town of Petawawa.						

Renfrew							
Location	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Our Lady of Fatima Parish (613) 432-8525 100 Lisgar Ave, Renfrew, ON K7V 3M2			<u>Lunch</u> 11:30-12:30 Every 2 nd Wednesday of the month				
Trinity-St. Andrew's United Church (613) 432-2285 291 Plaunt St S, Renfrew, ON K7V 1N2		<u>Lunch</u> 11:30am-12:30pm 4 th Tuesday of every month <i>(not during June-August)</i>					
Renfrew and District Food Bank 613-433-9216 8 Argyle Street South, Renfrew, ON K7V 1T3		1 st Tues: 9:30am to noon 2 nd Tues: 12:00-3pm 3 rd Tues: 3:30-6pm 4 th Tues: 4:30-7pm 5 th Tues: 3:30-6pm					



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Foodbank Considerations:	Food hamper once a month. Requires ID or rent receipt at every visit. Areas served: Renfrew, Horton, Admaston Township, part of Madawaska and Whitewater Townships
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